



Countdown to the Holidays

- Dec. 1:** Talk a walk outdoors. Find at least 5 types of fir tree or bushes.
- Dec. 2:** Create your own handmade holiday cards to mail to family and friends.
- Dec. 3:** Go on a hunt to find objects that begin with each letter in the word HOLIDAY.
- Dec. 4:** Use play clay to create a snowman and a holiday tree.
- Dec. 5:** Use rolled up socks to create pretend snowballs. Have a snowball fight.
- Dec. 6:** Play with red and green colored water in the sink or sensory table.
- Dec. 7:** Decorate a tree outdoors with some popcorn garland that you have made.
- Dec. 8:** Knead, roll and bake your favorite holiday bread.
- Dec. 9:** Take a walk and collect some pine cones, acorns or rocks.
- Dec. 10:** Put glue and glitter on pines cones and rocks. Place in bowl as center piece.
- Dec. 11:** Go outdoors. Pretend to float like a snowflake and make pretend snow angels.
- Dec. 12:** Make a miniature snowman using marshmallows and toothpicks.
- Dec. 13:** Make your body into the shape of a tree, snowman, angel and candy cane.
- Dec. 14:** Cut out paper snowflakes and hang in your home.
- Dec. 15:** Put paper plates under your feet and pretend to ice skate.
- Dec. 16:** Paint a holiday tree. Glue on small balls of tissue paper as ornaments.
- Dec. 17:** Turn on holiday music and dance.
- Dec. 18:** Create a paper chain with red and green paper. Hang up as a decoration.
- Dec. 19:** Take a walk outdoors. Find 5 green objects and 5 red objects.
- Dec. 20:** Cut up old holiday cards or holiday pictures into puzzles.
- Dec. 21:** Go caroling. Walk around your neighborhood and sing holiday songs.
- Dec. 22:** Make a homemade gift for someone special i.e. bookmark or key chain.
- Dec. 23:** Prance and move like Rudolph the Red Nosed Reindeer.
- Dec. 24:** Stir, mix and bake holiday cookies!