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Put Out The Fire!

Goal: Encourage physical activity, coordination, motor planning and gross motor skills.

Materials: Sidewalk chalk

Preparation: Draw a ladder on the black top with the sidewalk chalk. Draw a simple fire with large flames. Place bucket with water and sponge at bottom of ladder.

How to Play: The child wets the sponge in the bucket. The child holds the sponge and climbs up the ladder (by walking, jumping or hopping). At the top of the ladder, the child squeezes the sponge. This will erase the sidewalk chalk flames to put the fire out. The child walks back down the ladder, gets the sponge wet again and climbs back up. Repeat until the entire fire is put out (erased).

Modifications: For wheelchair users, place the bucket on a table. The child must drive wheelchair between the railings to bring water to put the fire out.

