

10 Common Sensitivities and Symptoms of School Age Children with Sensory Processing Disorder

This check list can serve as a tool for teachers to look for signs of sensory processing disorder in a student. All students can display some of the following sensitivities at some point. Keep in mind the words: overreacts, strongly, frequently or always, when reading the list. Consult your school based occupational or physical therapist with any questions regarding a particular student.

- Student overreacts or withdraws from touch, noises, smells or tastes.
- Student becomes angry or explosive when touched.
- Student is always touching everything and everyone (sometimes with too much force).
- Student strongly prefers sedentary activities even during recess or free play.
- Student displays poor posture and/or frequently falls out of classroom chair.
- Student frequently trips, stumbles or falls.
- Student is always fidgeting and/or extremely active compared to peers.
- Student has difficulties with transitions.
- Student has difficulty with fine motor skills such as handwriting.
- Student has trouble following motor commands and/or motor planning.