

## Progress Monitoring Forms

### **Purpose:**

The Progress Monitoring Forms allow therapists or other personnel to track an individual's motor skills over time. By monitoring the skills over the course of the year(s), the therapist can get a visual picture of improvement, decline or maintenance of different skills. This can assist the therapist to make clinical decisions regarding Response to Intervention programs, regular treatment sessions and discharge planning.

### **How to Use the Forms:**

Step 1: Determine which form is suitable for the individual's goal. You may need more than one form for each individual.

Step 2: For each therapy session or consultation indicate the intervention and the date.

Step 3: When an assessment is completed, indicate the individual's abilities in the graph. For example, if the therapist observes that the child caught a large ball 2 of 3 trials during the October therapy session indicate it on the graph.

Step 4: Continue to graph the dates of assessment and results throughout the year.

Step 5: Analyze the graph to answer the following questions:

Are the interventions successful?

Do different interventions yield better results?

Is there a pattern over vacations (i.e skills decline over a break)?

Are no gains being made at all?

Step 6: Plan ahead.

Does the individual need an increase or decrease in therapy services? If no progress has been made following several different interventions do you need to discontinue therapy services? If following a Response to Intervention model, does the individual need more intensive services or not?

Here is an example of a completed form. →

Progress Monitoring Forms	
Catching Skills	
School Year: 2011	
Name: <u>John Doe</u>	Therapist: <u>J. Smith</u>
Dates of Interventions	
Coordination activities: <u>9/10/11, 10/12/11, 11/15/11, 12/14/11, 1/10/12, 2/12/12, 6/11/12</u>	
Motor skill practice: <u>11/15/11, 12/14/11, 1/10/12, 2/12/12, 3/12/12</u>	
Range of motion exercises:	
Motor planning activities: <u>9/10/11, 10/12/11, 11/15/11, 3/10/12</u>	
Muscle Strengthening activities: <u>10/12/11, 11/10/12, 3/10/12</u>	
Consultation with staff or parents: <u>9/10/11, 10/12/11, 11/15/11, 1/10/12, 2/12/12, 4/11/12</u>	
Other:	
Larger Ball (~8")	
# of Times Ball is Caught out of 3 Trials	Dates of Assessment
Smaller Ball (~3")	
# of Times Ball is Caught out of 3 Trials	Dates of Assessment
Comments: <u>John has achieved his goals with regards to his catching skills.</u>	

# Progress Monitoring Forms Catching Skills

School Year: \_\_\_\_\_

Name: \_\_\_\_\_

Therapist: \_\_\_\_\_

## Dates of Interventions

Coordination activities:

Motor skill practice:

Range of motion exercises:

Motor planning activities:

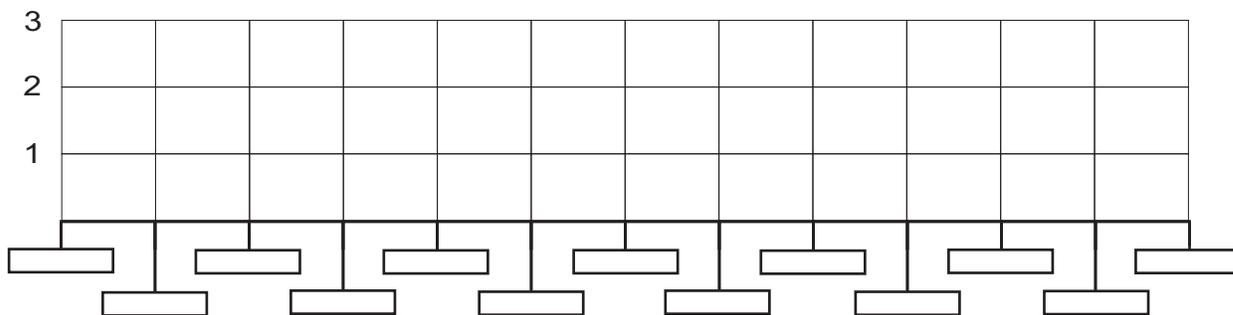
Muscle Strengthening activities:

Consultation with staff or parents:

Other:

### Larger Ball (~8")

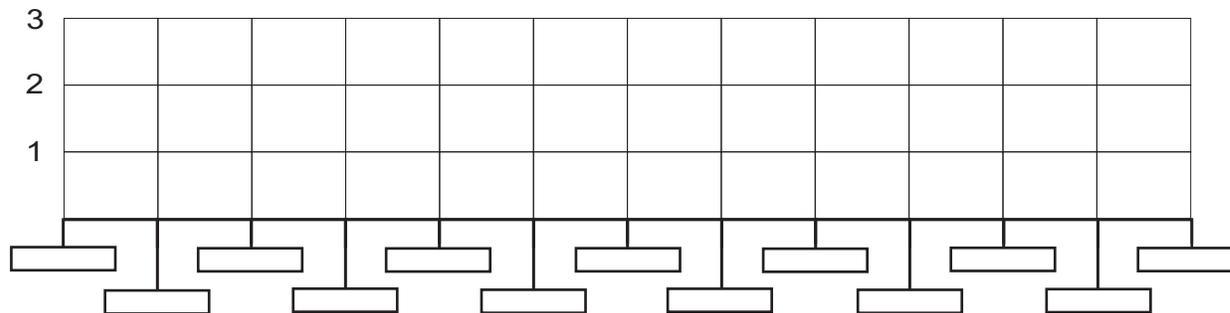
# of Times Ball is Caught out of 3 Trials



Dates of Assessment

### Smaller Ball (~3")

# of Times Ball is Caught out of 3 Trials



Dates of Assessment

Comments: