

**TYPICAL CLASSROOM SENSORY-BASED PROBLEM BEHAVIORS  
&  
SUGGESTED THERAPEUTIC INTERVENTIONS**

PROBLEM BEHAVIORS The child may display.....	POSSIBLE UNDERLYING CAUSES The child may have....	SUGGESTED SENSORY STRATEGY SOLUTIONS	Sensory Strategy Category*		
			P	F	T
<p>1. SITTING/ POOR WORK TOLERANCE: (Continued)—</p> <ul style="list-style-type: none"> <li>• Fidgeting in seat;</li> <li>• Poor sitting tolerance/ endurance;</li> <li>• Falling out of seat;</li> <li>• Prefers to stand to write/ work or sits at edge of seat;</li> <li>• “C” spinal curve in sitting in posterior pelvic tilt</li> </ul>	<ul style="list-style-type: none"> <li>• Weak, unstable or deficient postural control/ pelvic stability</li> <li>• Low or low normal muscle tone in core musculature</li> <li>• High threshold for movement/ vestibular input</li> <li>• Hyporesponsive for vestibular &amp;/or proprioceptive input</li> <li>• Visuo-spatial relations impaired with midline alignment difficulties</li> </ul>	<ul style="list-style-type: none"> <li>• Elasticized band or strap between desk legs to push against with feet</li> <li>• Neoprene, magnetic or other wrap around torso for 30 minute intervals</li> <li>• Weighted or pressure vest for 30 minutes intervals as needed</li> <li>• Preferential seating at or near front/ center of class/ teaching area</li> <li>• Non-skid matting on seat to prevent forward sliding</li> <li>• Turn chair backwards to lean body onto back facing forward</li> <li>• Magnetic seat cushion</li> <li>• Check for proper seat/ desk/ table height</li> <li>• Magnetic back/ spinal massager</li> <li>• Mini trampoline or other bouncing/ jumping activities</li> </ul>	<p>X</p> <p>X</p> <p>X</p> <p></p> <p></p> <p></p> <p></p> <p>X</p> <p>X</p> <p>X</p>	<p>X</p> <p>X</p> <p>X</p> <p>X</p> <p>X</p> <p>X</p> <p>X</p> <p></p> <p></p>	<p></p> <p>X</p> <p>X</p> <p>X</p> <p></p> <p></p> <p></p> <p></p> <p>X</p> <p>X</p>

\*Taken from The Scale of Sensory Strategies (S.O.S.S.) Toolkit™  
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