

# Kids Chore Checklist



Want to get your kids helping with the chores? Use this checklist for suggestions based on your child's abilities and assign them age-appropriate tasks. Fill in the chore chart.

## Children Ages 2-3

- ☐ Pick up toys and put them in bins or designated areas
- ☐ Put laundry in the hamper
- ☐ Wipe up spills
- ☐ Help load washer and dryer with supervision
- ☐ Wipe walls and baseboards with a wet cloth

## Children Ages 4-5

- ☐ Put away belongings
- ☐ Help with laundry with supervision
- ☐ Carry light weight bags and put away groceries
- ☐ Match socks
- ☐ Help clear the table

## Children Ages 6-8

- ☐ Help care for pets
- ☐ Fold and put away laundry
- ☐ Help wash the car
- ☐ Set the table
- ☐ Wipe down counters and sinks

## Children Ages 9-12

- ☐ Vacuum
- ☐ Learn to wash dishes
- ☐ Load and unload the dishwasher
- ☐ Dust
- ☐ Rake leaves
- ☐ Sweep the floor
- ☐ Learn to wash laundry/switch loads
- ☐ Take care of pets

## Children Ages 13-18

- ☐ Do the laundry
- ☐ Wash the dishes
- ☐ Take out the trash
- ☐ Help prepare meals
- ☐ Clean windows
- ☐ Clean bathrooms
- ☐ Mop the floor
- ☐ Run errands within walking distance
- ☐ Help with younger siblings
- ☐ Help with many outdoor chores



Name \_\_\_\_\_ Week of \_\_\_\_\_

# CHORE CHART

CHORES	S	M	T	W	Th	F	S