# GOOP GOOD DIRECTIONS

#### STEP 1:

Choose a game to print and play.

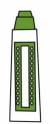


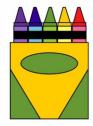
#### STEP 2:

Decide how you will fill the 28 circles: tongs with pom-poms, small balls of clay, dot markers, color with crayons, pennies or bingo chips.













#### STEP 3:

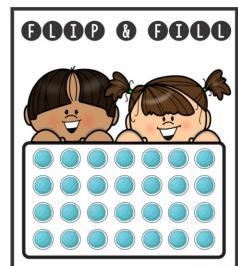


Flip a coin. If it lands on heads, fill in two circles. If it lands on tails, fill in one circle.

#### STEP 4:

Continue playing until one player fills up all 28 circles.





### BOOP & BOOD

Directions: Print this page for each player. Flip a coin. If the coin lands on heads, fill in two circles. If the coin lands on tails, fill in one circle. As you fill in the circles, name something or situations that makes you feel happy. The first player to fill up the 28 circles is the winner!

Ideas for filling in the circles: dried beans, small pieces of play dough, pom-poms, dot markers, color with crayon, pennies, bingo chips or beads.



## Get more information on the complete packet at <a href="https://www.YourTherapySource.com">www.YourTherapySource.com</a>

#### **EMOTIONS FINE MOTOR ACTIVITIES**

