FREE STAR GOAL TRACKER

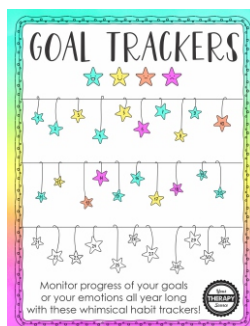Print the goal trackers you would like to use.

For the emotion trackers, create a color code at the bottom based on your emotion.

For the goal trackers, set a daily goal, and color in the number each day you achieve the goal. If you want to color in the whole tracker, you could create a code using YES and NO to determine which color to use each day.

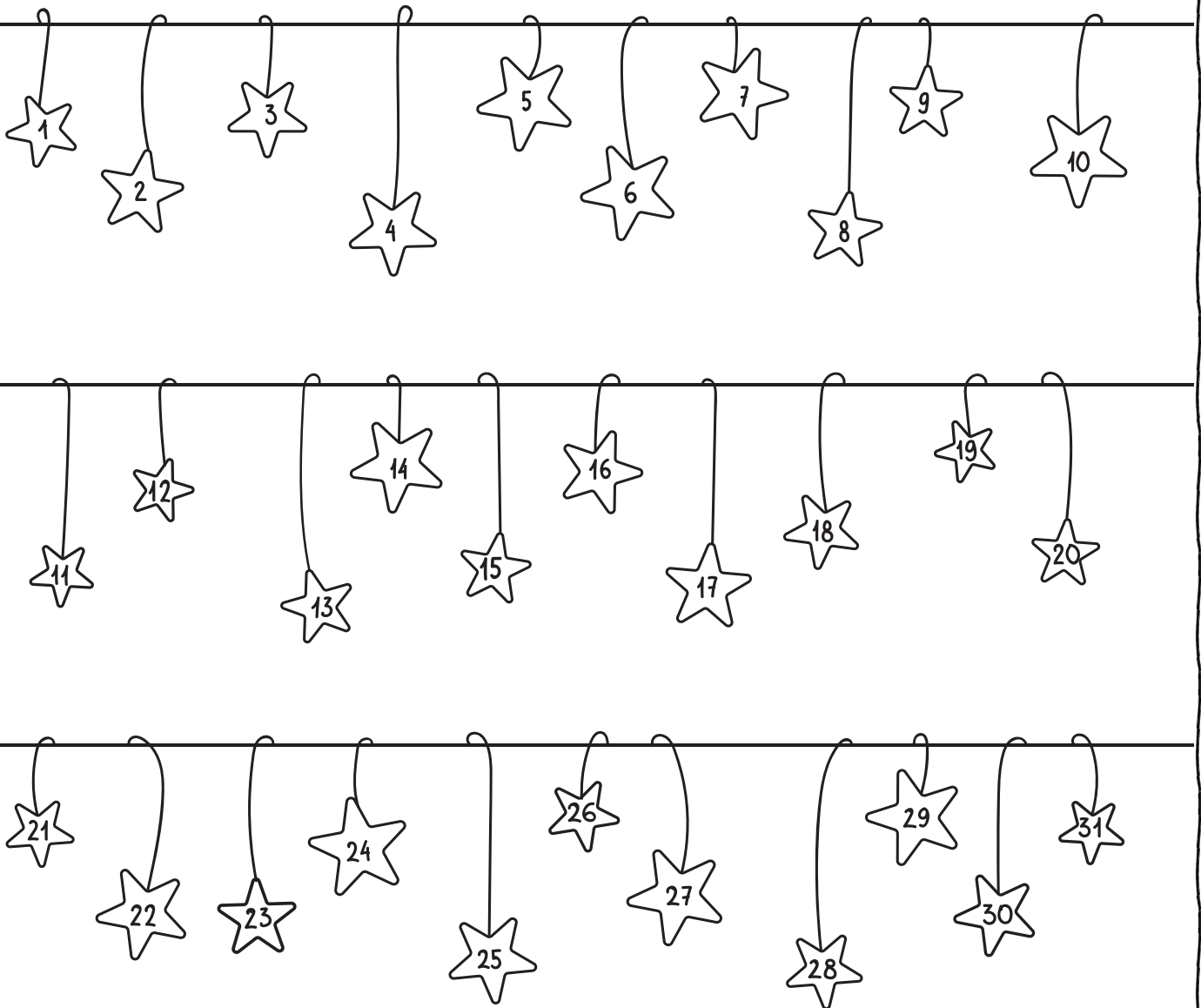Clip art from Kutepova_Maria used under a Shutterstock License.

This freebie is from the complete GOAL TRACKERS packet. You can get more information here: www.yourtherapysource.com/product/goal-sheets-for-students/

I HAVE GOALS

My goal is: _____

_____

_____

⭐1 ⭐2 ⭐3 ⭐4 ⭐5 ⭐6 ⭐7 ⭐8 ⭐9 ⭐10

⭐11 ⭐12 ⭐13 ⭐14 ⭐15 ⭐16 ⭐17 ⭐18 ⭐19 ⭐20

⭐21 ⭐22 ⭐23 ⭐24 ⭐25 ⭐26 ⭐27 ⭐28 ⭐29 ⭐30 ⭐31

my Emotions

Month of: _____

1 2 3 4 5 6 7 8 9 10

11 12 13 14 15 16 17 18 19 20

21 22 23 24 25 26 27 28 29 30 31