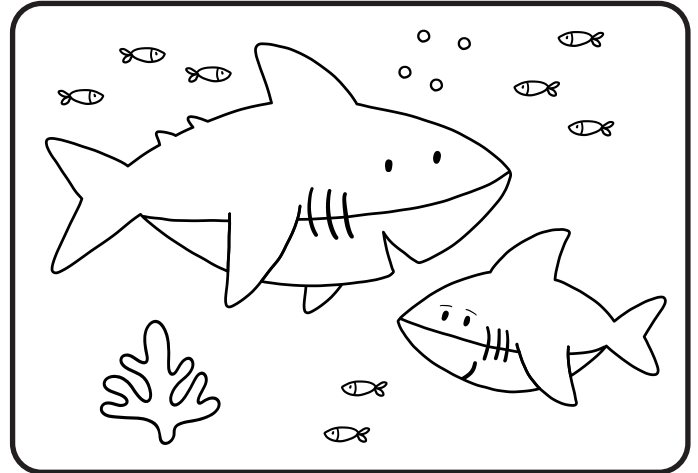
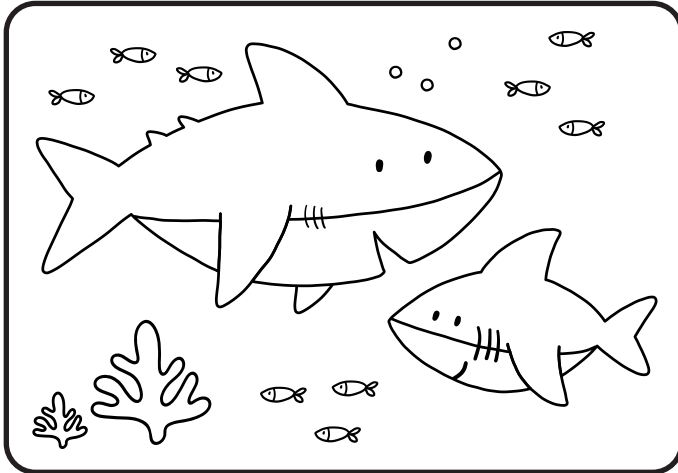


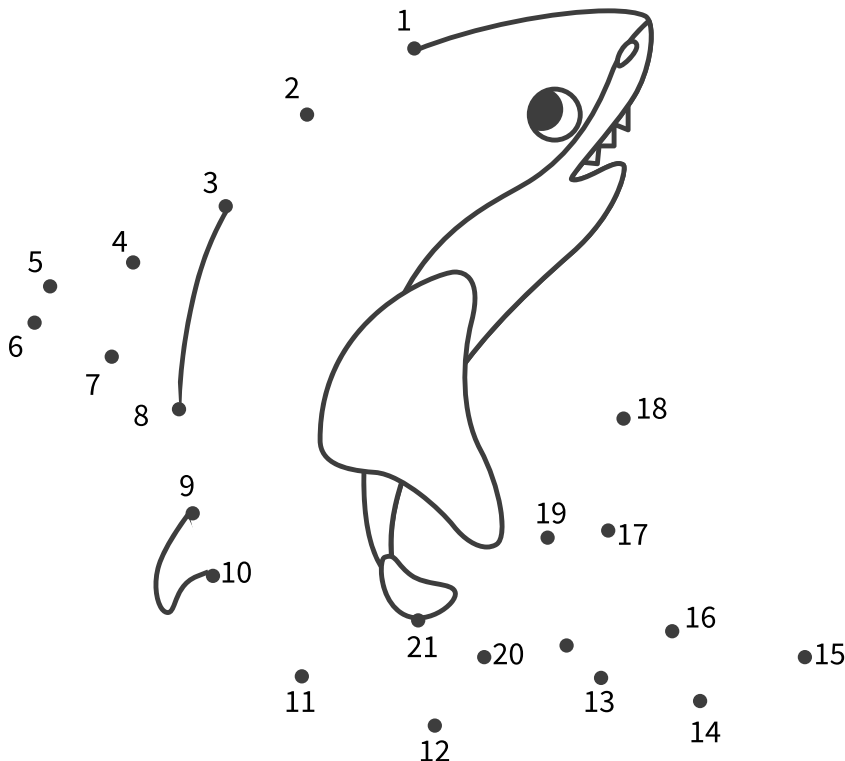
MOTOR MINUTE CHALLENGE

Can you complete all these activities in under two minutes?

Find and circle 5 differences.



Connect the Dots



Do the exercises

Skip around the room.

Hop 5x on one foot.

Arm circles x 10.

Run in place for 10s.

Kick your foot out 10x.