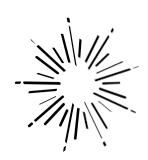
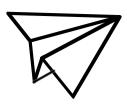


MY DREAMS FOR NEXT YEAR

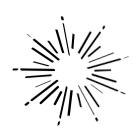


	DREAM JAR	
		

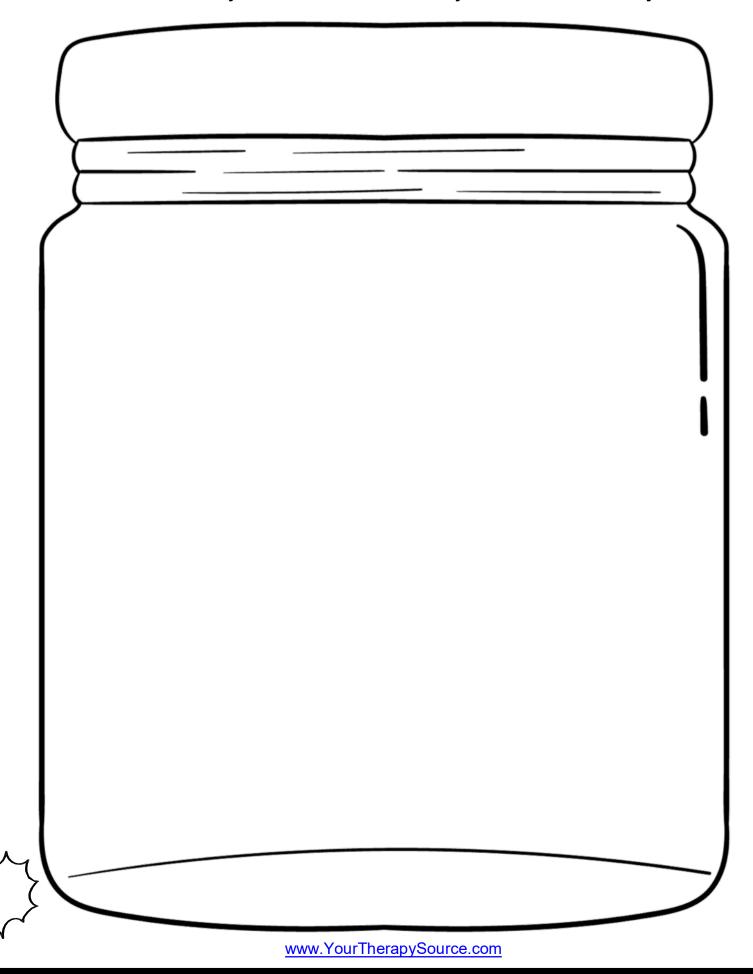
www.YourTherapySource.com



MY DREAMS FOR NEXT YEAR



Draw or write your dreams for next year in the dream jar.





NEW YEAR GOALS



/	
i want to get better at.	
I want to stop:	
I want to try:	

Draw a picture of you achieving your goals!

IN THE NEW YEAR...



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Looking back...



Looking ahead...

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My Biggest Accomplishment	I want to continue to:
What I Learned	I want to try:
Most Fun Moments	I want to stop:
My Favorite Book	I want to improve:
My Favorite Friends	My goal for this year is:
One way I would like to grow next year is:	
·	www.VourTherapySource.com

YEARLY RESOLUTIONS GOALS							
THIS YEAR I WILL							
JAN This month I will	This month I will	This month I will					
APR This month I will	This month I will	This month I will					
This month I will	AUG This month I will	This month I will					
This month I will	NOV This month I will	This month I will					

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