

STOP AND GO COLOR GAME

PURPOSE OF THE GAME:

Practice self regulation skills by following the color codes to move or stop.

HOW TO PLAY:

Start with the pages that follow and explain the color codes. The kids should follow the signs:

- Red - STOP
- Green - GO
- Orange - STOP
- Purple - GO
- Pink - STOP
- Blue - GO

Warm up by showing the colors and the kids have to STOP or MOVE. Once they understand, screen share the colored pages or print the colored squares (full page or small color squares on the last page) to practice without the words or shape cues.

Use the QR code or this link https://youtu.be/nXu9_ITvvZ8 to use the music video for the game. Hit play on the video and follow along to the music and the color codes.









