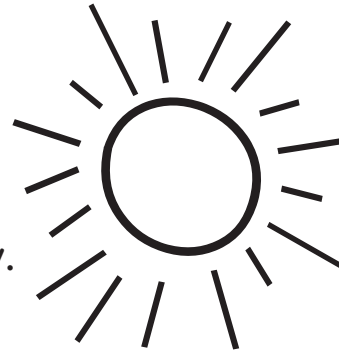




# Summer Calm Down Poem

Visit <https://youtu.be/EBh4AufOF2Y> to listen to the song.

The sun hangs low in sky so wide,  
a golden hush, the drifting tide.  
Warmth wraps round you like a breeze.  
Let your thoughts float with the seas.



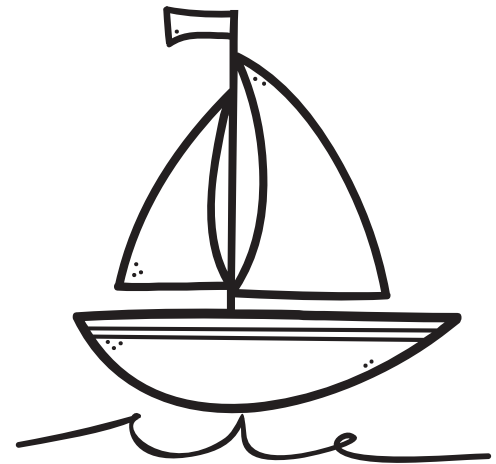
Breathe in, like a breeze on a summer day.  
Breathe out, let your worries float away.  
Feel your toes in the sand wild and free,  
Summertime calm, just breathe with me.

The sprinkler spins the grasses bend.  
The daylight feels like a trusted friend.  
Clouds roll slow in skies of blue.  
Stillness comes. It's here for you.



Breathe in, like a breeze on a summer day.  
Breathe out, let your worries float away.  
Feel your toes in the sand wild and free,  
Summer time calm, just breathe with me.

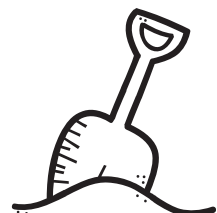
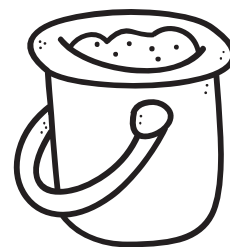
Reach your arms up to the sky.  
Stretch like sunflowers growing high.  
Feel your breath deep and slow,  
Summer's calm begins to grow.



Breathe in, like a breeze on a summer day.  
Breathe out, let your worries float away.  
Feel your toes in the sand, wild and free,  
Summertime calm, just breathe with me.

Let the sun kiss nose and cheek.  
Hear the quiet moments speak.  
Waves of calm wash over thee,  
Summertime peace will set you free.

Breathe in, like a breeze on a summer day.  
Breathe out, let your worries float away.  
Feel your toes in the sand, wild and free,  
Summertime calm, just breathe with me.



♥ HAPPY ♥  
SUMMER

