POSITIVE AFFIRMATIONS FOR SCHOOL SONG LYRICS

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HTTPS://YOUTU.BE/50V84TI8YHK











Yeah! Let's get that positive talk going.
Say it with me, I can do this!
I wake up ready. I start my day.
I tell myself I'll find my way.
I take a breath. I stand up tall.
Even if I trip, I don't fall.
I keep on trying. I learn and grow.
Step by step that's how I go.
I'm not perfect, but that's okay.
I get a little better every day.

I talk myself up, yeah I can.
I believe in me, I've got a plan.
When it's hard, I won't give in.
I try again, I try again.
I talk myself up, yeah it's true.
There's nothing I can't learn to do.
When I speak with hope and pride,
I feel that power deep inside.

Sometimes things don't go my way.
But I still show up, I don't run away.
I can be kind. I can be strong.
Even when it takes me long.
I use my words. I take my time.
I stay cool, keep my mind in line.
Each small win, I clap for me.
That's how I build my energy.

I talk myself up, yeah I can.
I believe in me, I've got a plan.
When it's hard, I won't give in.
I try again, I try again.
I talk myself up, yeah it's true.
There's nothing I can't learn to do.
When I speak with hope and pride,
I feel that power deep inside.

Words have power, say them clear.
Positive thoughts are what we steer.
I am strong, I am smart.
That's the way a great day starts.

I talk myself up, yes I will. I'm learning, growing, building skill. Each kind word helps me shine. I've got courage in my mind.











YOU'VE GOT THE POWER!

ONE STEP AT A TIME.

YOU ARE A LEADER.

BE KIND

BE READY TO LEARN.

YOUR EFFORT COUNTS

FEEL THE MOMENTS

TALK YOURSELF UP. YOU'VE GOT THIS!

BE YOUR BEST.

STAY CALM, STAY CONFIDENT.

SMALL WINS BUILD BIG SUCCESS.

BE STRONG.

BELIEVE IT, THEN ACHIEVE IT.

FOCUS, BREATHE,
AND BEGIN.
THERAPY

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