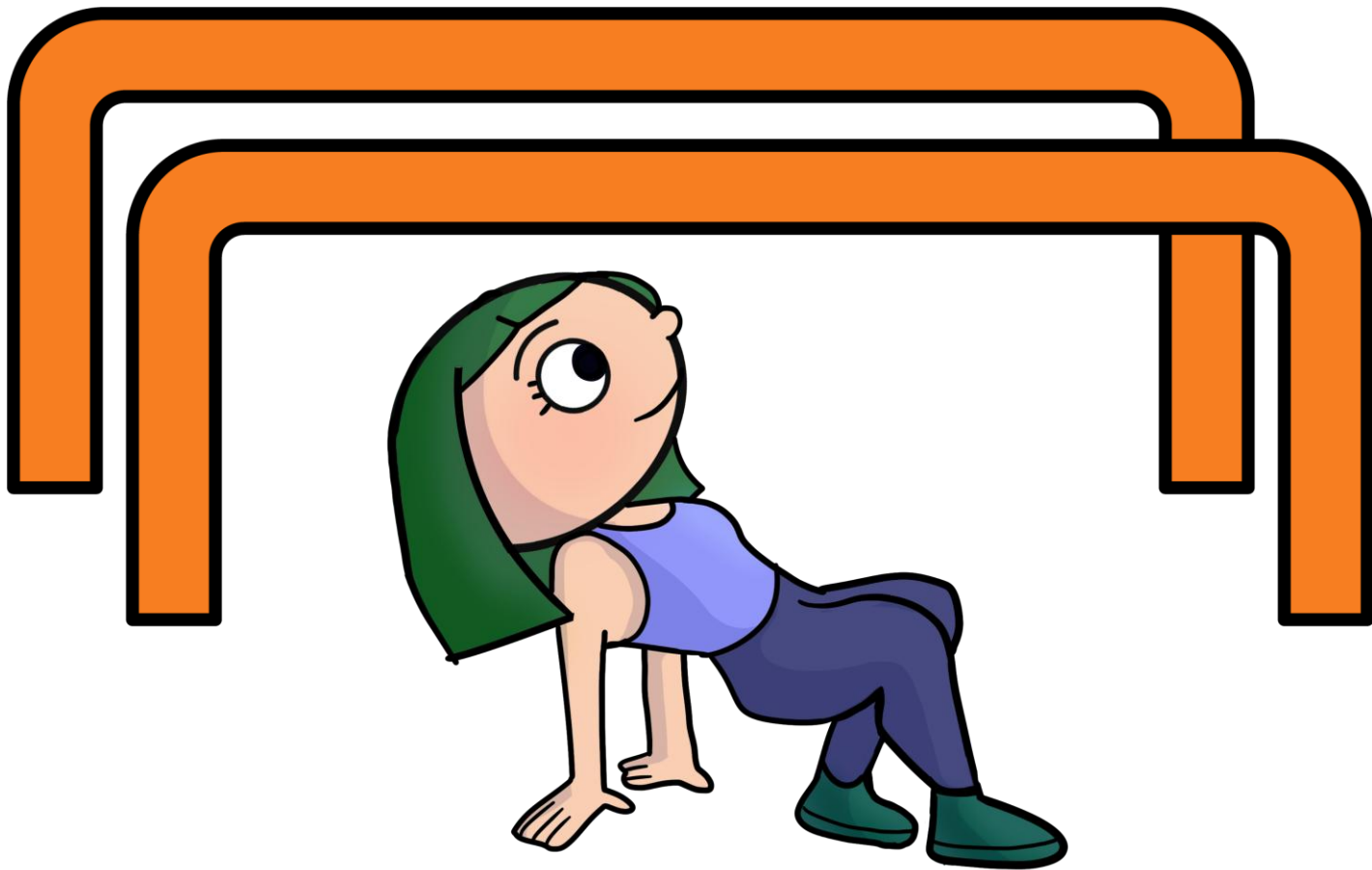


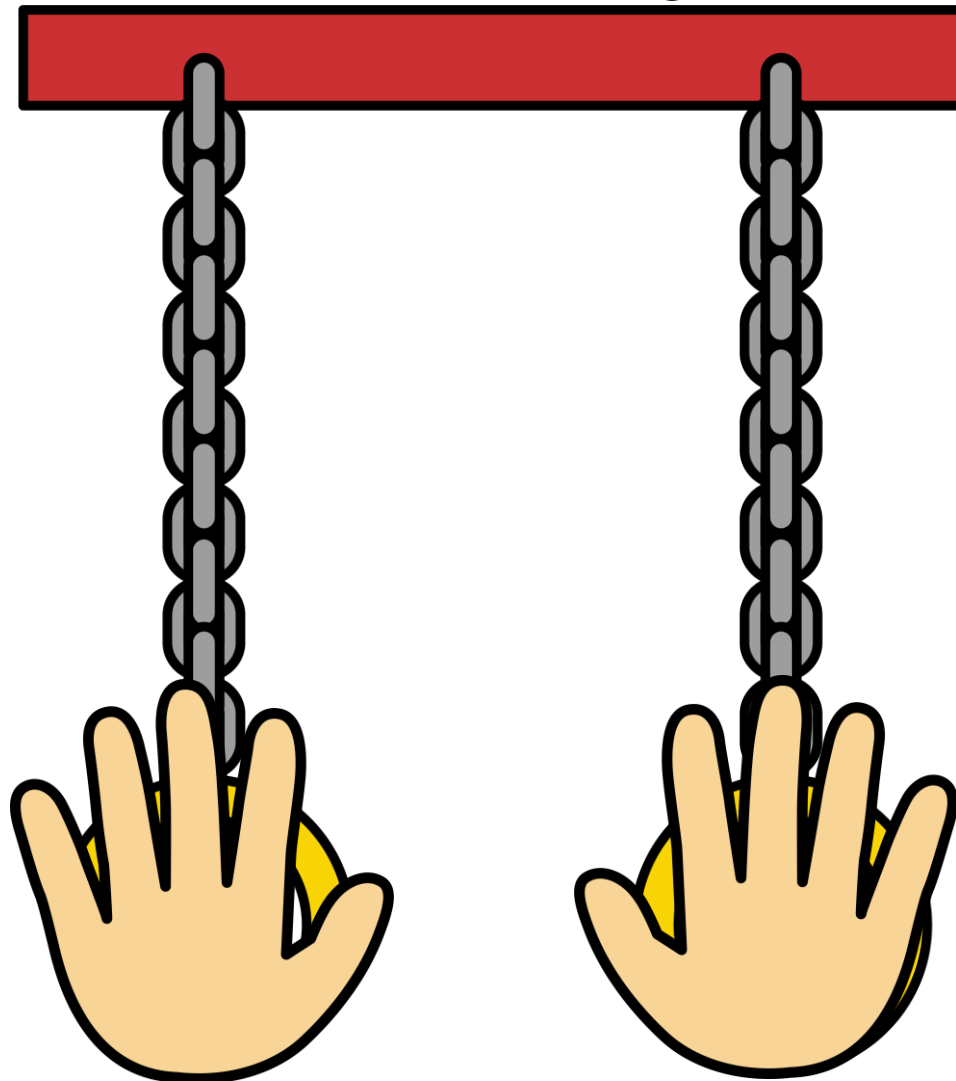
**Crab walk as if walking through a
playground tunnel.**



Quickly tap and clap with a partner, like tapping a tetherball around the pole.



**Place two hands on the wall and do
wall push-ups like using two hands
to swing.**



**Point and slide up and down
the playground ladder rails to
deep breathe.**

