

ROBOT MOTOR MINUTE CHALLENGE

Try tto complete all of these activities in under one minute.

1 **FINE MOTOR** ☐

Trace the Wires

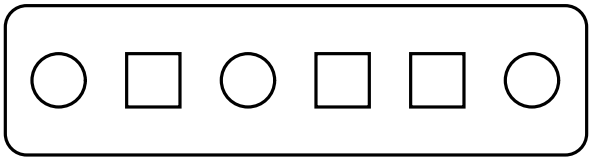
Trace each dotted line from the black dot to the open circle.



2 **FINE MOTOR** ☐

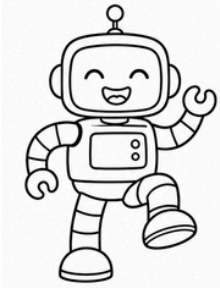
Fill the Control Panel

Draw a + in each round button..
Draw an X in each square button.



3 **GROSS MOTOR** ☐

Robot March



March in place for 10 seconds.

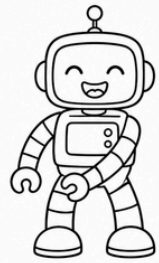
You can do this in sitting or standing.

4 **GROSS MOTOR** ☐

Robot Cross Crawl

Touch your left hand to your right knee. Then touch your right hand to your left knee. Repeat 10 times.

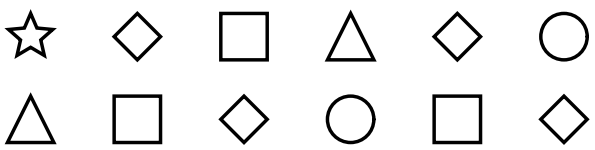
Try it sitting or standing.



5 **VISUAL PERCEPTION** ☐

Find the Spare Parts

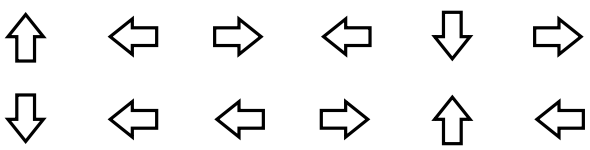
Circle every shape that matches this spare part: ◇



6 **VISUAL PERCEPTION** ☐

Which Way?

Circle the arrows that point the same way as this one: ⇦



Your Therapy Source

